

Knitted
COMFORTS FOR MEN
on LAND and SEA

Made from
J. & J. BALDWIN'S



"WHITE HEATHER"
SPECIALITIES

J. & J. BALDWIN
& PARTNERS LTD.
HALIFAX
ENGLAND.

ESTABLISHED 1785



GENERAL INSTRUCTIONS



"WHITE HEATHER"

MATERIALS.—"WHITE HEATHER" 3 ply Wheeling, 5 ply Scotch Fingering, Petticoat Fingering and 2 and 3 ply Fisherman's Yarn have been used for the originals of all the garments described in this book. To avoid disappointment **it is essential that the same wool be used, and in the ply recommended at the head of the individual receipt.**

☞ See that each skein bears a ticket on which the "WHITE HEATHER" TRADE MARK and the name J. & J. BALDWIN appear.

☞ By reason of the great difficulty sometimes experienced in exactly matching a shade for finishing a garment, it is earnestly recommended that the **full quantity required be purchased in the first instance.**

NEEDLES. The sizes given for use in making these garments are for knitting of medium tension; therefore one who knits loosely should use needles of a size finer than the number given, while a size larger should be taken by one knitting tightly. **The lower the number the thicker the needle.** Before commencing the work, measure the needle, **at its centre**, by a standard gauge.

KNITTING.* Always slip the first stitch at the edge of the work (unless otherwise instructed).

To increase one Stitch. Unless otherwise directed, knit into a stitch and, before slipping it, knit again into the back of the loop.

To increase two Stitches. Purl 1, knit 1, and purl 1, all into the one stitch.

To decrease one Stitch. Knit 2 stitches together.

MAKING-UP. To join two pieces, take some of the wool and, placing the two edges evenly together, sew through the raised stitches along the edge, stitch for stitch. If carefully done, the joining will hardly show.

WASHING. When washing woollen garments of this type use warm soapy water and squeeze with the hands, **but without rubbing.** Rinse (in water of the same temperature), squeeze out and dry quickly. The latter can best be done by laying the garment flat on a clean cloth before the fire, making it take the shape it is to assume when dry and turning constantly. **If hung up, the damp fabric may easily become lengthened by the pull of its own weight.**

Inattention or carelessness in washing will inevitably, in the case of woollen garments, result in disappointment—either, as a result of strong soap, soda, hot water, or rubbing, the fabric will be shrunk, or, by stretching, it may quite easily be made too large to be worn with pleasure and comfort.

Do not on any account attempt to "shrink" the yarn yourself before knitting! There is no need for any such drastic treatment in the case of J. & J. BALDWIN'S Knitting Wools.

BRUSHING. By means of J. & J. BALDWIN'S special TEAZLE BRUSH (Price 2/-), a woolly surface can easily be raised on knitted fabric, and the garment to which the process has been applied is rendered more efficient for retaining warmth. This TEAZLE finish, carefully applied, is well worth the attention of Knitting Clubs, as well as of the individual knitter. Further particulars on application.

*J. & J. BALDWIN'S "PENNY GUIDE TO KNITTING AND CROCHET"—a wonderful pennyworth, contains the clearest possible instructions for beginners in the Art. Of Knitting Wool Specialists, or (post free 1½d.) from J. & J. BALDWIN.

HELMET (WITH CAPE PIECES)

By MARJORY TILLOTSON

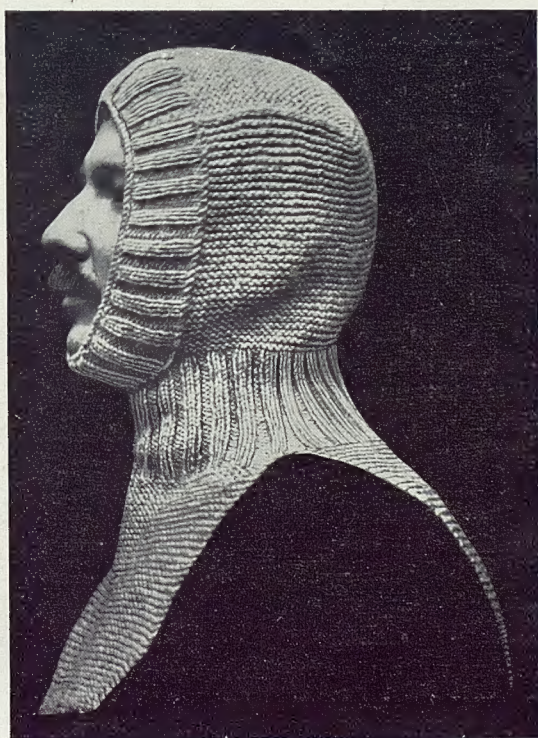
War Office Experts do not recommend apertures for the ears, the latter particularly requiring protection in cold weather.

MATERIALS REQUIRED.—4½-ozs. (1½ Cuts) J. & J. BALDWIN'S 3 ply "White Heather" Wheeling.
Five No. 8 Celluloid Knitting Needles.

(BEEHIVE DOUBLE KNITTING WOOL may be used as an alternative, following the same instructions).

Cast on 30 stitches.

Knit plain, and increase once at the beginning of each row until 50 stitches are on the needle.



Knit 5 more inches in plain knitting.

Leave this piece on the needle and knit a second piece exactly like it.

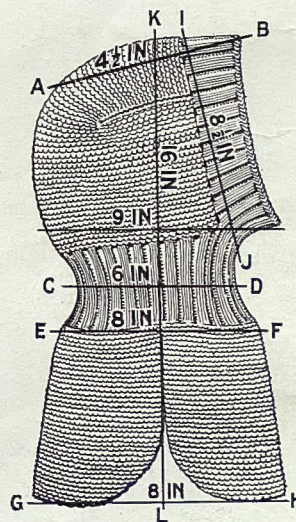
Now place the two pieces together dividing the stitches on to three needles. Take a fourth

needle and work in rounds, in ribbing of knit 2 and purl 2, for 4 inches.

Slip the 20 stitches from the centre of one of the Cape pieces on to a thread and leave these for the opening for the face. Knit plain backwards and forwards on the remaining stitches for 60 rows, always slipping the first stitch.

For the shaping at the top of the helmet, knit 53, slip 1, knit 1, pass the slipped stitch over the knitted, turn, *knit 28, slip 1, knit 1, pass the slipped stitch over the knitted, turn, repeat from * until all the stitches are worked in, leaving the 29 stitches on the needle. Break off the wool and commence again where the 20 stitches were left on the thread. Knit them in the rib as before; take another needle, follow on and, working in rib of knit 2 and purl 2 all round the face, knit up 30 stitches along the edge of the 60 plain rows; with a third needle knit across the 29 stitches at the top of the face and knit 2 of the stitches together to make the rib fit in exactly; then with a fourth needle knit up 30 stitches at the other side of the face.

Work 16 rounds in rib of knit 2 and purl 2.
Cast off.



"WHITE HEATHER" WHEELING, 3 ply, is particularly suitable for producing good, warm, serviceable garments at a moderate cost. It is "woolly" in touch, and strong—because it is made from long, sound materials. ALL WOOL.

PLAIN HELMET

(or BALACLAVA CAP)

MATERIALS REQUIRED.—4-ozs. (1 Cut) J. & J. BALDWIN'S "White Heather" Wheeling (or Beehive Double Knitting Wool), Four No. 8 Celluloid Knitting Needles.

Cast on 100 stitches, 36 on to one needle and 32 on to each of the other two needles.



Work, in rounds of ribbing (knit 2 and purl 2), until the fabric measures 12 inches.

Cast off 24 stitches loosely to make the opening for the face.

Work backwards and forwards (in the rib) for 2 inches.

Cast on 24 stitches again and join up the round.

Work 4 more inches in the rib.

Finish the cap in plain knitting and decrease as follows:

1st round.—Knit each 19th and 20th stitch together.

Knit 1 round plain.

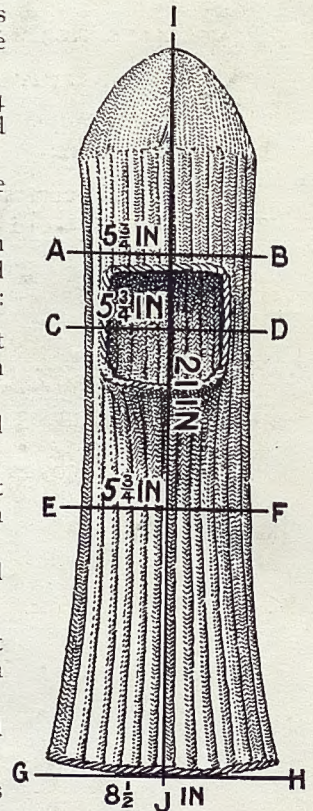
3rd round.—Knit each 18th and 19th stitch together.

Knit 1 round plain.

5th round.—Knit each 17th and 18th stitch together.

Knit 1 round plain.

Decrease in this manner until only 25 stitches remain. Run a thread through these and fasten off securely. M.T.



BED SOCKS (HEEL-LESS)

MATERIALS REQUIRED.—4-ozs. (1 1/2 Cuts) J. & J. BALDWIN'S "WHITE HEATHER" PETTICOAT WOOL (White, Pink 353 or Undyed Natural 400 1/2 are the best shades for this particular purpose). Two No. 5 Celluloid Knitting Needles.

This receipt is a very simple one, the sock being knitted in one straight piece without shaping, and, by reason of the elasticity obtained by the use of big needles, easily taking the shape of the foot when in wear.

Cast on 90 stitches.

1st and 2nd rows.—Knit plain.

3rd row.—Purl 30, knit 60.

4th row.—Knit plain.

5th row.—Like the 3rd row.

6th and 7th rows.—Knit plain.

8th row.—Knit 60, purl 30.

9th row.—Knit plain.

10th row.—Like the 8th row.

Repeat these 10 rows 5 times. Cast off loosely.

Sew the two long sides together and sew up the plain knitting across the toe, leaving the opening at the ribbed end.

M.T.



"WHITE HEATHER" WHEELING, 3 ply, is supplied in 2-oz. skeins, and in a wide range of shades, the colours in which are absolutely reliable. Its KHAKI shade is dyed to the regulation Army Pattern.

The same shade is available in BEEHIVE DOUBLE KNITTING Wool,

CROCHET BED SOCKS

MATERIALS REQUIRED:—4 ozs. J. & J. BALDWIN'S "White Heather" Petticoat Wool.
A No. 7 or 8 Celluloid Crochet Hook.

Abbreviations:—ch.-chain. D.C.-double crochet. tr.-treble.

Make 10 chain.

1st row.—Miss 2 stitches, 1 D.C. into each remaining stitch, 2 ch. to turn, (which always stands for the first stitch of the next row).

2nd row.—1 D.C. into each stitch until the centre stitch is reached, work 3 D.C. into the centre stitch, then 1 D.C. into each stitch to the end of the row, 2 ch., turn. Always take up both threads throughout the sock, and work loosely. Repeat the last row until 20 rows are worked from the commencement.

21st row.—D.C. to the centre stitch, then make 24 ch.

22nd row.—1 D.C. into each chain stitch and to the end of the row.

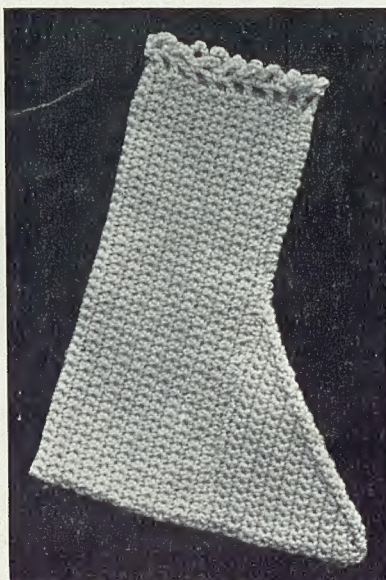
Work 46 more rows of D.C. with no shaping.

Fasten off, run in all the ends and sew up the seams.

EDGING.—Round the top of the sock work:—

1st row.—1 ch., 1 tr., into each rib.

2nd row.—5 ch., 1 D.C., into each space of previous row.
M.T.



KNITTED BED SOCKS (MAN'S SIZE)

MATERIALS REQUIRED:—4 ozs. of J. & J. BALDWIN'S "White Heather" Petticoat Wool. (In White, Pink Mixture 353 or Natural 400).
Two No. 5 Celluloid Knitting Needles. A coarse crochet hook.

Cast on 81 stitches.

Knit 8 rows in plain knitting, increasing once in the first and middle stitch of each row. This makes 97 stitches on the needle.

Knit the next 12 rows with no shaping.

21st row.—Knit to within 2 stitches from the centre stitch, knit 2 together, knit the centre stitch, knit 2 together, knit to the end of the row.

22nd row.—Like the 21st. row, but purl the centre stitch.

Repeat these 2 rows until only 45 stitches remain on the needle.

In the next row make the holes for the draw cord as follows:—* Knit 2, wool forward, knit 2 together, repeat from * to the end of the row, ending with knit 1.

Work, in rib of knit 2 and purl 2, for 7 inches, and decrease the odd stitch in the first row. Cast off loosely and sew up the seam.

With 2 strands of wool crochet a length of chain stitch 1 yard long. Thread this through the holes round the ankle and finish off each end with a tassel.
M.T.



KNEE CAP

MATERIALS REQUIRED:—4 ozs. J. & J. BALDWIN'S "White Heather" Petticoat Wool. Two No. 8. Celluloid Knitting Needles.

Cast on 42 stitches.

Knit 7 rows plain, always knitting and not slipping the first stitch.

8th row.—Knit 20, increase on the next, knit 22.

9th row.—Knit 20, increase on the next, knit the rest.

10th row.—Knit 20, increase, knit the rest.

Repeat this row until there are 76 stitches, then knit 28 rows plain.

Then knit 20, knit 2 together, the rest plain.

Repeat this row until the stitches are reduced to 42.

Knit 7 plain rows.

Cast off and sew up the seam,

MAN'S WARM GLOVE

MATERIALS REQUIRED:—2 oz. ($\frac{1}{2}$ cut) of Beehive Double Knitting, in White, Steel Grey or Navy Blue 1029 and 6 needles No. 13.

Abbreviations:—p purl, k knit, st stitch.

Cast on 48 stitches, 16 on each of 3 needles. Knit 30 rounds of 2 knit and 2 purl or $2\frac{1}{2}$ inches for the wrist.

FOR THE HAND & TO INCREASE FOR THUMB

1st round.—p 1, k 1, p 1, increase by knitting next st from front and back, p 1, k 1, * p 1, k 3, *. Repeat all round, increasing 2 st in round to make pattern end right.

2nd round.—p 1, k 4, p 1, rest plain. Repeat this round after every pattern round, taking notice that the same 2 st are purled each time. The piece between the p st forms the thumb.

3rd round.—p 1, k 4, * p 1, k 3. Repeat from * and end with p 1, k 1.

5th round.—p 1, k 1, p 1, k 1, increase, p 1, k 1, * p 1, k 3. Repeat from *.

7th round.—p 1, k 3, p 1, k 1, p 1, * k 3, p 1. Repeat from *. The two plain st will be plainly noticed now.

The pattern after the second p st is alternately started, k 3, p 1, as in row 7, and k 1, p 1, k 3 as in row 5. This is done till 8 increases for the thumb are made. These increases are made in every 4th round. After these are made k 8 rounds, keeping to the pattern.

FOR THE THUMB—18 st.

Take those st between the 2 p st and the 2 p st also, cast on 4 more, put 6 of these on each of three needles, and join into a round tightly and work 9 patterns or 2 inches, then narrow or decrease at the beginning and end

of each needle, k 1 round, decrease at beginning of each needle, k 1 round, decrease at beginning of each needle and break off wool, thread a darning needle and run the end of wool through the st on the needle and draw up tightly and fasten off end.

The fingers are finished off exactly in the same way.

FOR THE HAND

Divide the 45 on the two needles on to three and pick up 3 st. at the bottom of the thumb where the 4 were made. (It is well to twist them to prevent a hole). Join into a round and work 9 pattern rounds to finish hand.

1st Finger.—16 st. Take the three made st and 1 to the left with 10 to the right, cast on 2 and join into a round, k 15 pattern rounds and finish as for thumb.

2nd Finger.—17 st. Take 6 st from each of the 2 needles and pick up 3 st at bottom of 1st finger and cast on 2 at end of front needle, join and work 17 pattern rounds and finish off.

3rd Finger.—16 st. Take 6 st from each of the 2 needles and pick up 2 at bottom of second finger and cast on 2 at end of front needle. Join and work 15 patterns and finish off.

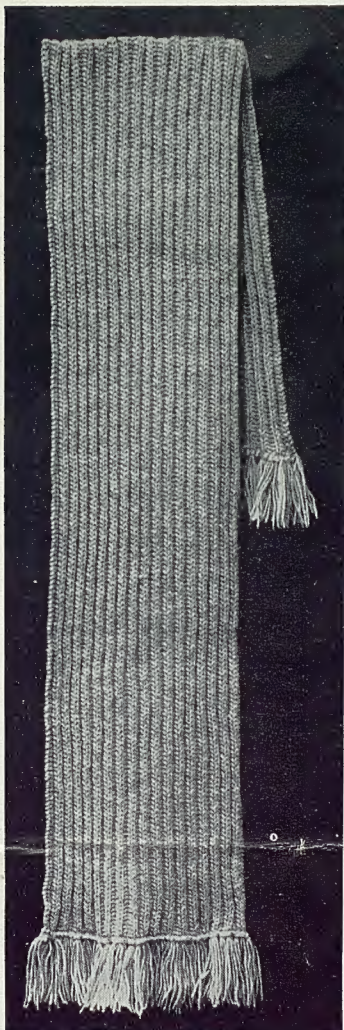
4th Finger.—14st. Take the 10 remaining st, pick up 4 between this and 3rd finger, join and work 12 patterns and narrow off.

This is the right hand glove. To work that for the left hand, increase for thumb after the first p st instead of before the second.



For really substantial wear there is nothing to beat
BEEHIVE DOUBLE KNITTING WOOL

Made from British grown Wool, it produces a fabric which is at the same time crisp and elastic, while being warm to the wearer and free from shrinkage in the wash. — An **ALTOGETHER RELIABLE ARTICLE.**



Raised Brioche.

SCARF

(IN PLAIN KNITTING)

MATERIALS REQUIRED.— 14 ozs.
(3½ Cuts) J. & J. BALDWIN'S 3 ply
"WHITE HEATHER" Wheeling.
Two No. 8 Knitting Needles.

Cast on 60 stitches.

Knit plain (always slipping the first stitch), until the Scarf measures 2 yards (or any other length required). Cast off.

Add a fringe at each end.

M.T.

SCARF

(IN RAISED BRIOCHE KNITTING)

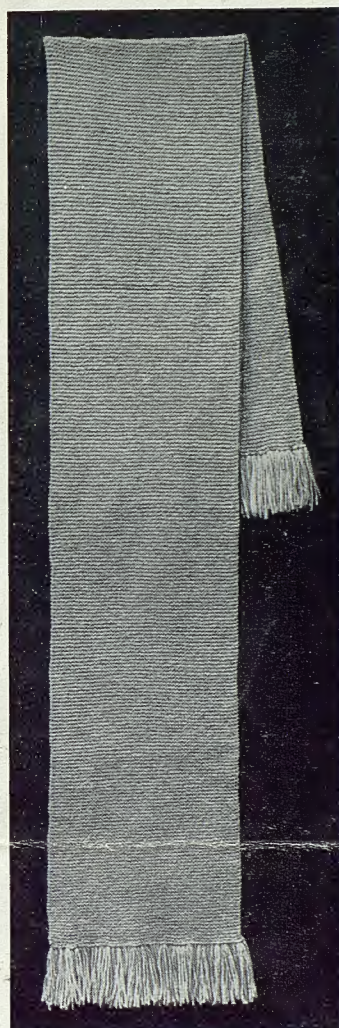
MATERIALS REQUIRED.—
10 ozs. (2½ Cuts) J. & J. BALDWIN'S
3 ply "WHITE HEATHER"
Wheeling. Two No 7 Celluloid
Knitting Needles.

Cast on 72 stitches.

1st row.—Knit 2, * wool to the front, slip 1 purlways, knit 1, knit 2 together, repeat from * to the last 2 stitches, knit these.

Repeat this row until the scarf measures 60 inches (or any other length required). Cast off and add a fringe at each end.

M.T.



Plain.

WRISTLETS

MATERIALS REQUIRED.—1½ oz. (less than ½ Cut)
J. & J. BALDWIN'S 3 ply "WHITE HEATHER"
Wheeling. Four No. 11 Knitting Needles.

Cast on 52 stitches (18 on each of two needles and 16 on the third).

Work, in a rib of knit 2 and purl 2, for 6 inches.

Cast off loosely.

M.T.



"WHITE HEATHER" WHEELING—Useful shades, other than the regulation **KHAKI**, are Nos. 2 (Light Blue Grey); 13 & 13½ (Light Greys); 14 & 15 (Darker Greys); 17 & 17½ (Shetlands); 10, 18 & 19 (Brown & White mixed); 129 (Brown Heather); 133 (Dark Heather); and 29 (Fast Navy). Bunch of patterns free on application. 147 (Light Natural) and 148 (Mid Natural) are also very useful sanitary mixtures for Socks, Belts, etc.

MITTENS

MATERIALS REQUIRED.—2½ ozs. (a little over ½ Cut) J. & J. BALDWIN'S 3 ply "White Heather" Wheeling. Four No. 11 Knitting Needles.

Cast on 52 stitches (18 on each of two needles and 16 on the 3rd needle.)

Work, in rib of knit 2 and purl 2, for 36 rounds.

Knit 10 rounds in plain knitting.

47th round.—(Commence the thumb). Purl 1, increase once in the next stitch (by knitting through the loop just underneath the stitch), knit 2, increase once in the next stitch, purl 1, knit to the end of the round. The 2 purled stitches mark the outside of the thumb.

*Knit 2 rounds plain—while purling the stitches that were purled in the previous round.

50th round.—Increase once on the inside of each of the purled stitches, then knit plain to the end of the round.

Repeat from * until there are 18 stitches



between the 2 purled stitches

Knit 2 more rounds without increasing; then, in the next round, knit 1 (the purled stitch), put the next 18 stitches on to a thread and leave them for the thumb, cast on 4 stitches after the knit 1, follow on and finish the round.

Knit 10 rounds plain knitting.

Then knit 10 rounds, in rib of knit 2 and purl 2, and cast off loosely.

For the thumb take up the 18 stitches that were left on the thread and divide them on to two needles; with the third needle knit up 6 stitches along the space between the two

needles. Knit 6 rounds plain knitting.

Then knit 6 rounds, in rib of knit 2 and purl 2, and cast off loosely.

M.T.

SOCKS (IN PLAIN KNITTING)

MATERIALS REQUIRED.—6 ozs. (1½ Cuts) J. & J. BALDWIN'S 3 ply "White Heather" Wheeling. Four No. 11 Knitting Needles.

Cast on 60 stitches, 20 stitches on each of three needles.

Work, in rib of knit 2 and purl 2, for 32 rounds.

Work 11 inches in plain knitting with no shaping.

For the heel put 30 stitches on the first needle, then equally divide the remaining stitches (required for the instep), on the second and third needles—both of which should be left until the heel is finished.

On the 30 stitches knit, alternately plain and purl, 30 rows, always slipping the first stitch. To turn the heel knit 18, slip 1, knit 1, pass the slipped stitch over the knitted, turn, purl 8, purl 2 together, turn, knit 8, slip 1, knit 1, pass the slipped stitch over the knitted, turn, purl 8, purl 2 together, turn, knit 8, slip 1, knit 1, pass the slipped stitch over. Continue working in this manner until all the stitches



are worked in, leaving the 9 stitches on the needle under the heel, knit the 2 centre stitches together.

For the instep, follow on with the first needle, and knit up 15 stitches on the side of the heel; knit on to the second needle the 30 stitches which were left for the instep when commencing the heel; then, with the third needle, knit up 15 stitches on the other side of the heel while adding 4 from the first needle.

Knit 2 rounds plain, then begin the decreasings, knit the 3rd and 4th stitches together from the end of the first needle and, on the third needle, knit 2, slip 1, knit 1, pass the slipped stitch over the knitted. Do

this in every third round until there are 15 stitches on each of the first and third needles. Knit without shaping until the work measures 7 inches from the heel.

☐ Socks without heels, unless for hospital wear, are rejected by the War Office as being impracticable for use by men on active service.

SOCKS—continued.

For the toe, * knit to the last 3 stitches on the first needle, knit 2 together, knit 1; on the instep needle, knit 1, slip 1, knit 1, pass the slipped stitch over the knitted, knit to the last 3 stitches, knit 2 together, knit 1; on the third needle, knit 1, slip 1, knit 1, pass the slipped stitch over the knitted one, knit to the end of the needle.

Knit 1 round plain.

Repeat from * until the toe is reduced to 24 stitches.

Divide the instep and foot stitches equally on to two needles. Turn the sock inside out and cast off the two needles together.

M.T.

RIBBED SOCKS

MATERIALS REQUIRED.—5 ozs. (2 Cuts) J. & J. BALDWIN'S 5 ply "WHITE HEATHER" Scotch Fingering Wool. Four No. 13 Steel Knitting Needles.

Cast on 76 stitches. Work, in rib of knit 2 and purl 2, throughout the leg (as the latter is ribbed, no shaping is required). When 11 inches are worked, divide the stitches for the heel, put 34 stitches on one needle (beginning and ending with 2 plain) leave the remaining stitches on two needles for the top of the foot. Knit 34 rows for the heel, alternately plain and purl, always slipping the first stitch of every row.

To turn the heel, knit 20, knit 2 together, turn, slip 1, purl 7, purl 2 together, turn, slip 1, knit 8, knit 2 together, turn, slip 1, purl 9, purl 2 together, turn, slip 1, knit 10, knit 2 together, turn, slip 1, purl 11, purl 2 together, turn, slip 1, knit 12, knit 2 together, turn, slip 1, purl 13, purl 2 together, turn, slip 1, knit 14, knit 2 together, turn, slip 1, purl 15, purl 2 together, turn, slip 1, knit 16, knit 2 together, turn, slip 1, purl 17, purl 2 together, turn, slip 1, knit 20. Knit up 18 stitches from side of heel on to the first needle; knit the ribbing on top of foot on to a second needle; with a third needle knit up 18 on other side of heel, and

10 from off the first needle, making 28 stitches on each of the first and third needles.

Continue the ribbing on the top of foot, and, working plain on the other two needles, decrease for instep 7 times, knitting two rounds between each decrease; on the first needle, knit the 3rd and 4th stitches from the end of the needle together; on the third needle knit 2, slip 1, knit 1, pass the slipped stitch over.

Knit 5 inches and decrease for the toe, thus:

On the first needle, knit the 3rd and 4th stitches from the end of the needle together.

On the 2nd needle, knit 2, slip 1, knit 1, pass the slipped stitch over, knit plain to within 4 stitches of the end of the needle, knit 2 together, knit 2.

On the 3rd needle, knit 2, slip 1, knit 1, pass slipped stitch over. Decrease in this way four times, knitting 3 plain rounds between each decrease. Then decrease, in every alternate round, until only 28 stitches are left; put the stitches on the first and third needles on to one needle, turn the work and cast off on the inside.

M.T.



It is false economy to buy second-rate Knitting Wool. It only pays to put good labour into good materials, and so produce knitted articles which will give comfort to the wearer,—and will last!

"WHITE HEATHER" Wools are good, economical and a pleasure to both knitter and wearer.

COAT SWEATER

(or CARDIGAN)

MATERIALS REQUIRED.—20 ozs. (8 Cuts) J. & J. BALDWIN'S 5 ply "White Heather" Scotch Fingering Wool. Four No. 7 and two No. 9 Celluloid Knitting Needles, 6 Buttons, $\frac{1}{2}$ -yard of Sateen.

THE BACK.

Cast 106 stitches on the No. 9 needles.

Knit 26 rows in plain knitting, then increase 38 stitches along the next row.

28th row.—With the No. 7 needles, knit 3, purl 1, * knit 1, purl 1, repeat from * to the last 2 stitches, knit these.

Repeat this row until the work measures 18 $\frac{1}{2}$ inches from the commencement, this bringing it to the armholes.

Decrease once at each end of the row in the next 10 rows.

Knit, with no shaping, until the work measures 28 inches from the commencement, then knit 2 together loosely all along the row (to prevent the shoulder seam from stretching) and cast off.

THE LEFT FRONT.

Cast 59 stitches on the No. 9 needles.

Knit 26 rows plain knitting, then increase 20 stitches along the next row.

28th row.—With the No. 7 needles, knit 6, wool forward (to make a button hole), knit 2 together, knit 4, purl 1, * knit 1, purl 1, repeat from * to the last 2 stitches, knit these.

29th row.—Knit 3, * purl 1, knit 1, repeat from * to the last 12 stitches, knit these.

30th row.—Knit 12, purl 1, * knit 1, purl 1, repeat from * to the last 2 stitches, knit these.

Repeat the 29th and 30th rows and make 5 more button-holes, 4 inches (about 32 rows) apart. When 7 inches are worked from the commencement make the opening for the pocket as follows:—



1st row.—Knit the 3 stitches at the seam side of the front, purl 1, knit 2 together 20 times, work to the end of the row as before.

Work 9 rows more, knitting the 20 stitches in plain knitting every row and keeping the remaining stitches in ribbing as before.

11th row.—Knit in ribbing and cast off the 20 plain knit stitches.

Leave this and knit the pocket lining which is joined to the front in the next row.

Cast 20 stitches on the No. 7 needles. In the first row knit 1 and purl 1 into each stitch, work 6 inches in ribbing of knit 1 and purl 1. Break off the wool, leaving a few inches.

Now take the Front again and knit, in ribbing, as far as the cast off stitches, follow on and knit the pocket lining on to the same needle, knitting in the end of the wool, then finish, in ribbing, the remaining stitches of the front. Sew the pocket lining in neatly on the underside of the front.

Continue, in ribbing, until 18 $\frac{1}{2}$ inches are worked from the commencement, this bringing it to the armhole.



"WHITE HEATHER" SCOTCH FINGERING, 2, 3, 4 and 5 ply gives a good appearance in the fabric, and wears and washes beautifully. It is smoother in finish than is "WHITE HEATHER" WHEELING, and therefore more suitable for a Coat Sweater or Cardigan.

COAT SWEATER—continued.

Decrease once, at the armhole side of the work, in each of the next 10 rows.

Work again, with no shaping, until the front measures 23 inches.

Then, in the ribbing—on the inside of the knit 12, decrease once every 3 rows until only 55 stitches remain on the needle. Cast off the ribbed stitches, knitting 2 stitches together before casting off. Then knit a sufficient length of the 12 plain knit stitches to reach round to the centre of the neck at the back. Cast off.

THE RIGHT FRONT.

Work exactly like the left Front, but omit the button-holes and sew up the pocket to correspond with the right Front.

THE SLEEVES.

Cast 52 stitches on the No. 9 needles.

Knit $4\frac{1}{2}$ inches plain knitting.

In the next row increase once in each stitch, making 104 stitches on the needle. Then commence the ribbing.

1st row.—With the No. 7 needles, knit 3,

increase twice in the next stitch, * knit 1, purl 1, repeat from * to the last 3 stitches, increase twice in the next stitch, knit the 2 last stitches.

2nd row.—Knit 3, purl 1, * knit 1, purl 1, repeat from * to the last 2 stitches, knit these.

Repeat the last row and increase twice, at the beginning and end of every 7th row, until 140 stitches are on the needle.

Then work, with no increasings, until the under-arm seam measures 19 inches (without cuff). Cast off.

TO MAKE UP THE COAT.

Press the plain knitting of each front and line with the sateen. Sew up the shoulder and side seams and, sewing the plain knitted band round the neck at the back, join up neatly. Sew up the seams of the sleeves and fix the latter in the arm-holes, placing seam to seam. Place the buttons to correspond with the button-holes. Make button-holes in the lining and stitch them to those in the front.

M.T.

BODY BELT

(IN RIBBING)

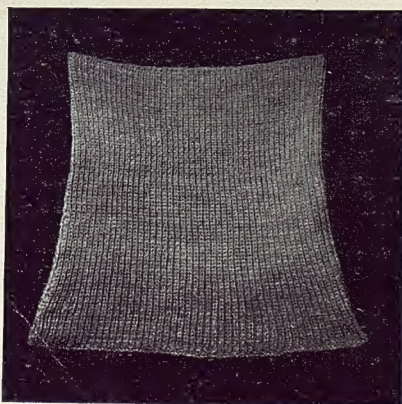
MATERIALS REQUIRED.—6-ozs. (2½ Cuts) J. & J. BALDWIN'S 5 ply "WHITE HEATHER" Scotch Fingering Wool. Two No. 10 and two No. 7 Celluloid Knitting Needles.

¶ The following instructions are for a belt knitted in two pieces, but, if preferred without a seam, simply commence with 200 stitches, on four needles, stocking fashion, while following the same general directions.

For one half cast 100 stitches on the No. 10 needles.

Work, in rib of knit 1 and purl 1, for 5 inches.

Then take the No. 7 needles and knit 7 more inches.



Cast off very loosely and sew up the two side seams neatly with the wool.

(The effect of using coarser needles for the last 7 inches is to give a rather greater width to the lower part of the belt. The tighter ribbing at the top then keeps the garment in position, and the absence of a correspondingly firm band at the lower edge prevents the latter from working up,—a point of great importance to the wearer's comfort).

M.T.



"WHITE HEATHER" SCOTCH FINGERING is soft to the touch and washes well. For a **BODY BELT**, so useful for preventing colic, either pure Undyed Natural (400½ shade), or White is best.

LIGHT STEERING GLOVES

MATERIALS REQUIRED.—3 ozs. ($\frac{3}{4}$ Cut) J. & J. BALDWIN'S 3 ply "White Heather" Wheeling. Four No. 11 Knitting Needles.



Cast on 52 stitches, 18 on each of 2 needles, and 16 on the 3rd needle.

Work, in rib of knit 2 and purl 2, for 36 rounds.

Knit 10 rounds in plain knitting.

47th round.—(Commence the thumb). Purl 1, increase once in the next stitch (by knitting through the loop just underneath the

stitch), knit 2, increase once in the next stitch, purl 1, knit to the end of the round. The 2 purled stitches mark the outside of the thumb.

*Knit 2 rounds plain, purling the stitches that were purled in the previous round.

50th round.—Increase once on the inside of each of the purled stitches, then knit plain to the end of the round.

Repeat from * until there are 18 stitches between the 2 purled stitches.

Knit 2 more rounds without increasing; then, in the next round knit 1 (the purled stitch), put the next 18 stitches on to a

thread and leave them for the thumb, cast on 4 stitches after the knit 1, follow on and finish the round.

Knit 35 more rounds in plain knitting, decreasing 4 stitches in the last round.

Knit every 7th and 8th stitches together in the next round.

Knit 6 rounds plain.

Knit every 6th and 7th stitches together in the next round.

Knit 5 rounds plain.

Knit every 5th and 6th stitches together in the next round.

Knit 4 rounds plain.

Knit each 2 stitches together in the next round.

Knit 1 round plain.

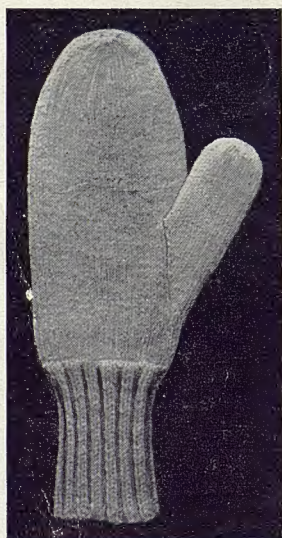
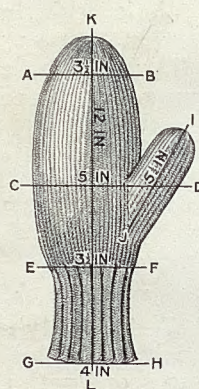
Run the thread through all the stitches on the needles and finish off very securely.

For the thumb take up the 18 stitches that were left on the thread and divide them on to two needles; with a third needle, knit up 6 stitches along the space between the 2 needles.

Knit 23 rounds in plain knitting.

Knit each 2 stitches together in the next round.

Knit 3 rounds plain. Finish off in the same way as at the top of the glove. M.T.

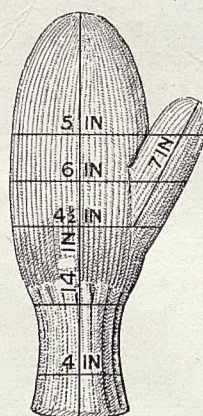


STOUT STEERING GLOVES

MATERIALS REQUIRED :—
8 ozs. J. & J. BALDWIN'S 2 ply Fisherman's Yarn.
Four No. 11 Knitting Needles.

Work exactly the same as the Steering Gloves made in the "White Heather" Wheeling, but only work 27 rounds instead of 35 after the stitches have been left for the thumb, then finish off the decreases.

M.T.



"WHITE HEATHER" FISHERMAN'S YARN is stocked in 2 & 3 ply and is specially made for Fishermen's Gloves and Sea Boot Stockings. It is supplied in White and Grey, in $\frac{1}{4}$ lb. hanks.

FISHERMAN'S SEA BOOT STOCKINGS

MATERIALS REQUIRED.—1½-ozs. J. & J. BALDWIN'S 3 ply "Fisherman's Yarn,"
Five No. 10 Steel Knitting Needles.

Cast on 64 stitches, 16 on to each of four needles.

Take the fifth needle and work, in rib of knit 2 and purl 2, for 20 rounds. Increase once in the last stitch of the last round,—this is for the seam stitch and is to be purled each round throughout the leg.

Knit 35 rounds in plain knitting.

57th round.—* Knit 1, slip 1, knit 1, pass the slipped stitch over the knitted 1, knit to the last four stitches of the round, knit 2 together, knit 1, purl the seam stitch.

Knit 5 rounds in plain knitting.

Repeat from * until 13 stitches are decreased at each side of the seam stitch.

Knit 35 rounds in plain knitting.

For the heel, put the 9 stitches at each side of the seam stitch on to one needle, leave the remaining stitches on the two needles for the instep.

Knit backwards and forward, on the 19 heel stitches, alternately plain and purl for 16 rows. Purl the seam stitch in the knitted rows, and knit it in the purled rows.

17th row.—Knit to within 3 stitches of the seam stitch, slip 1, knit 1, pass the slipped stitch over the knitted one, knit 1, purl the seam stitch, knit 1, knit 2 together, knit to the end of the row.

18th row.—Purl.

Repeat these 2 rows twice.

Divide the stitches on to two needles and cast off the two needles together on the wrong side of the work.

Fasten off.

Commence again after the first and second needles which hold the instep stitches and, with a third needle, knit up 22 stitches along the edge of the heel.

In the next round increase the stitches on the third needle to 40.

3rd round.—Knit the first and second needles; on the third needle, knit 2, slip 1, knit 1, pass the slipped stitch over the knitted, knit to the last 4 stitches, knit 2 together, knit to the end.

4th round.—Knit plain.

Repeat these 2 rows until only 20 stitches remain on the third needle.

Knit 30 rounds plain knitting.

For the toe, * on the first needle, knit 1, slip 1, knit 1, pass the slipped stitch over the knitted, knit to the last 3 stitches of the second needle, knit 2 together, knit 1; on the third needle,

knit 1, slip 1, knit 1, pass the slipped stitch over the knitted, knit to the last 3 stitches, knit 2 together, knit 1.

Knit 1 round plain.

Repeat from * until the toe is reduced to 10 stitches.

Run a thread through all the stitches and fasten off very securely.

M.T.



For DEEP SEA MISSION WORKERS the Receipts in this Booklet are of particular interest. The original Garments have all been approved by the R.N.M.D.S.F.—to whom the Publishers are indebted for the use of the illustrations giving the Standard Measurements.

SEAMAN'S JERSEY

MATERIALS REQUIRED.—1½ lbs. (6 Cuts) J. & J. BALDWIN'S "White Heather" 3 ply Wheeling (1029 shade—an absolutely fast and reliable Navy Blue, stands sea-water). Two No. 7 Celluloid Knitting Needles and four No. 8 (pointed at both ends),—a loose knitter should use needles a size finer, i.e. Nos. 8 and 9).

For a really excellent Jersey, in a smoother finish than can be obtained from any Wheeling Yarn, BEEHIVE DOUBLE KNITTING WOOL is recommended. In 1334 shade, a pure Indigo Blue, it is of particular interest for Jerseys.

THE BACK.

Cast 96 stitches on No. 7 needles.

1st row.—Knit 4, * purl 2, knit 2, repeat from * to the end of the row.

Always slip the first stitch throughout.

Repeat this row 20 times.

22nd row.—Knit plain.

23rd row.—Knit 2, purl to the last 2 stitches, knit these.

Repeat these last 2 rows until the work measures 30 inches from the commencement.

Cast off 30 stitches at each end for the shoulders, and leave the 36 stitches at the centre on a No. 8 needle for the collar.

THE FRONT.

Work exactly like the back.

THE SLEEVES.

Cast on 76 stitches.

1st row.—Knit 4, * purl 2, knit 2, repeat from * to the end of the row.

Repeat this row 30 times.

32nd row.—Knit plain.

33rd row.—Knit 2, purl to the last 2 stitches, knit these.

Repeat these last 2 rows throughout the sleeve and increase at the beginning and end of the 7th, then every 6th row, until there are 7 increasings at each side of the work. Then knit without shaping until the under-arm seam measures 18 inches (without cuff).

Cast off loosely.



TO MAKE UP SWEATER.

Sew up the shoulder and side seams, leaving 9 inches for the armhole. Sew up the seams of the sleeves and fix the

latter in the armholes, placing seam to seam.

THE COLLAR.

With the No. 8 needles, knit 1 and purl 1 into each of the stitches that were left at the neck, work (in rounds) in rib of knit 2 and purl 2 for 6 inches. Cast off.

M.T.



BEEHIVE—Britain's Best Range of KNITTING WOOLS

Manufactured in Halifax, England, by

J. & J. BALDWIN & PARTNERS, LTD.

ESTABLISHED 1785.